



Social Security  
Scotland

Tèarainteachd Shòisealta Alba

# Get extra help to balance your budget

If you get Universal Credit or other  
qualifying benefits you could be  
entitled to five family payments.



☎ 0800 182 2222

[mygov.scot/familybenefits](https://mygov.scot/familybenefits)

## Scottish Child Payment

A payment of more than £100 every 4 weeks for each eligible child under the age of 16.

## Best Start Grant Pregnancy and Baby Payment

A £767.50 payment for a first child and £383.75 for other children. You can apply from the end of the 24th week of pregnancy until your baby is 6 months old.

## Best Start Grant Early Learning Payment

A £319.80 payment when a child is between the ages of 2 and 3.5 years. You can still get the payment if your child is not taking up a place at nursery.

## Best Start Grant School Age Payment

A £319.80 payment when a child is first old enough to start school. You don't need to take up a place at school to get the payment.

## Best Start Foods

Money every 4 weeks on a pre-paid card from pregnancy until your child is 3 years old.

If you get Scottish Child Payment, we will also check if you can get Best Start Grant Early Learning Payment and School Age Payment and pay you automatically.

**Check if you are eligible for our five family payments.  
Apply online, by phone or in person.**

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