

5 Family Payments - social media text

Social Security Scotland has 5 family payments to help balance family costs if you get Universal Credit, tax credits or other qualifying benefits.

Best Start Grant: three payments at key stages of your child's early years

Best Start Foods: a pre-paid card topped up with money to spend on healthy food while you are pregnant or have a young child

Scottish Child Payment: over £100 every four weeks until your child turns 16

Find out more at <https://bit.ly/SocialSecurityScotlandFiveFamilyPayments>