



**Social Security
Scotland**

Tèarainteachd Shòisealta Alba

A guide to Social Security Scotland's benefits

Social Security Scotland is an executive agency of the Scottish Government. We help people in Scotland by delivering social security payments.

Social security is a human right and our service is based on treating people with dignity, fairness and respect.

We now deliver benefits for a wide range of people, including disabled people, carers, young people, older people and families.

For people with children under 16

People getting Universal Credit or other qualifying benefits could be entitled to five family payments.

Best Start Grant Pregnancy and Baby Payment

A £767.50 payment for a first child and £383.75 for other children. People can apply from the end of the 24th week of pregnancy until their baby is 6 months old.

Best Start Grant Early Learning Payment

A £319.80 payment when a child is between the ages of 2 and 3.5 years. People can still get the payment if their child is not taking up a place at nursery.

Best Start Grant School Age Payment

A £319.80 payment when a child is first old enough to start school. You don't need to take up a school place to get the payment.

Best Start Foods

Money every 4 weeks on a pre-paid card from pregnancy until a child is 3 years old to buy healthy food.

Scottish Child Payment

A payment of £108.60 every 4 weeks for each of your children under the age of 16.

For young people entering the workplace

Job Start Payment

£319.80 to help people aged 16-24 with the costs of starting a new job. Available to those who have been getting certain benefits for 6 months or more and returning to work after being unemployed. People with children will receive £511.65.

For people who need help paying for a funeral

Funeral Support Payment

A one off payment to help cover some of the costs of a funeral. For people getting Universal Credit or other qualifying benefits.

To help people heat their homes

Child Winter Heating Payment

£251.50 paid once a year to disabled children and young people who get qualifying benefits.

Winter Heating Payment

A yearly payment of £59.75 that's paid automatically to help people getting certain benefits.

For carers

Carer Support Payment

Money to help people if they are an unpaid carer. They can get £83.30 a week if eligible.

Carer's Allowance Supplement

An extra payment for people who are getting Carer Support Payment. This gets paid automatically.

Young Carer Grant

A payment of £390.25 once a year for 16, 17 and 18 year olds who care for someone getting a disability benefit for around 16 hours a week.

For disabled people

Child Disability Payment

Money to help with the extra costs of caring for a child who is disabled, terminally ill or who has a long-term health condition.

Adult Disability Payment

Money to help with the extra costs that come with being disabled, having a long term health condition or terminal illness.

Pension Age Disability Payment

Extra money for people who have reached State Pension age and have care needs because of a disability or long-term health condition, or who have a terminal illness.

How do I apply?

Visit mygov.scot/benefits to apply online. Or call us for free on **0800 182 2222** to apply over the phone, to request a paper application form or to book an appointment to get in person support at a time and place that suits you.

How can people contact us?



Call us free on: 0800 182 2222



Text Relay Service: 18001 +0300 244 4000 (for the hard of hearing)



British Sign Language users: contactscotland-bsl.org



Webchat: chat.socialsecurity.gov.scot

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