



Adult Disability Payment





Adult Disability Payment is a weekly payment from Social Security Scotland. It is money to help with the costs that come with having a long-term illness or disability.



You could get between £28.70 and £184.30 a week. How much you will get depends on how your condition affects you.



You can apply for Adult Disability Payment if you:

- Have a mental or physical disability
- Are terminally ill
- Are 16 or over and have not yet reached State Pension age



Adult Disability Payment is not means-tested. It does not matter if you are working or have any savings.



Social Security Scotland needs to understand how your condition or disability affects your life. You'll be asked to give information on this in the Adult Disability Payment application form.



We'll also need one piece of supporting information from a professional. This information should confirm your condition or disability.

This supporting information could be:



- A diagnosis, if you have one
- A social care plan
- A prescription list
- A referral letter from a doctor or physiotherapist



You can still apply without supporting information. Social Security Scotland can collect supporting information on your behalf. But this might make your application process take longer.



Adult Disability Payment is made up of 2 parts:

- Daily living
- Mobility

You might qualify for one or both parts.



The daily living part has two different payment rates:

- Standard – a weekly rate of £72.65
- Enhanced – a weekly rate of £108.55



The mobility part has two different payment rates:

- Standard – a weekly rate of £28.70
- Enhanced – a weekly rate of £75.75



If you get the enhanced rate of the mobility part, you can use some or all of the payment to lease a new car, scooter or powered wheelchair. This is done through the Accessible Vehicles and Equipment Scheme.

The date of your first Adult Disability Payment will be worked out from either:

- the date you submit the first part of the application, or
- from the date you phoned Social Security Scotland to start the application, if you are applying by phone or paper.





It is paid every 4 weeks. It will be paid into the account you give in your application.



Adult Disability Payment is available to people who are terminally ill. If you are terminally ill, you will get the highest rate of both the daily living and mobility parts of Adult Disability Payment. There is a separate application form that speeds up your application if you are terminally ill.



If you already get Personal Independence Payment (PIP) or Disability Living Allowance (DLA), you do not need to apply for Adult Disability Payment. You will be transferred automatically and will get a letter with more information before this happens.



You can find out more and apply online at **mygov.scot/adulthooddisability**. You can apply over the phone or ask for a paper application form by calling Social Security Scotland free on **0800 182 2222**.



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Web chat with us at **chat.socialsecurity.gov.scot**



British Sign Language users can contact us at **contactscotland-bsl.org**



Visit the **Cost of Living** website for information on support available for families:
gov.scot/costoflivingsupport