

Adult Disability Payment

Help with the extra costs that come with living with a disability, long-term health condition or terminal illness.



Social Security
Scotland

Tèarainteachd Shòisealta Alba

mygov.scot/adultdisability

What is Adult Disability Payment?

Adult Disability Payment is money to help with the extra costs that often come from being disabled, having a long-term health condition or a terminal illness. Adult Disability Payment is not means tested. You can apply even if you're working or have savings.

You could get between £29.20 and £187.45 a week.

Who can apply?

You can apply for Adult Disability Payment if you:

- have a mental or physical disability or long-term health condition
- are terminally ill (there is a faster application process - for more information visit mgov.scot/terminal-illness or contact Social Security Scotland)
- are 16 or over and have not yet reached State Pension age

How are the payment rates calculated?

The amount you'll get will depend on how your condition affects you physically or mentally.

Adult Disability Payment is made up of two parts - daily living and mobility. You might qualify for one or both parts.

The Daily Living part has 2 different payment rates:

- standard - a weekly rate of £73.90
- enhanced - a weekly rate of £110.40

The Mobility part has two payment rates:

- standard - weekly rate of £29.20
- enhanced - weekly rate of £77.05

What information will I need to apply?

Part one of the application will ask you for your personal details such as date of birth and your main address.

Part two will ask you for:

- details about your condition and how it affects your ability to look after yourself, understand information and communicate
- what help and support you need and why
- your ability to move around outdoors and make journeys
- details of any medication, treatment or equipment you need
- one piece of supporting information from a professional

What is supporting information?

Supporting information from a professional should broadly confirm your disability, conditions, or needs. This can be a diagnosis if you have one but you do not need a diagnosis to apply. Examples of supporting information include social care plans, prescription lists and referral letters from professionals such as support workers, doctors and physiotherapists.

You can apply even if you do not have a bank, building society or credit union account. You will need to tell us how you want to be paid if your application is successful.

When will the payment be made?

Your first payment will be calculated from the date the first part of your online application was submitted. Alternatively, it will be calculated from the date you phoned us to start the application process, if you applied by phone and paper form.

Adult Disability Payment is paid every 4 weeks in arrears.

What if you already get Personal Independence Payment (PIP) or Disability Living Allowance from the DWP?

People in Scotland should now have had their benefit award transferred from Personal Independent Payment to Adult Disability Payment or been told their move has started. Anyone with a Scottish postcode who is still getting PIP and has not received a letter should get in touch with us by calling free on **0800 182 2222**.

If someone is still getting Disability Living Allowance from the Department for Work and Pensions, their award will automatically move to a new benefit called Scottish Adult DLA. They will get a letter with more details before this happens.

How do I find out more and apply?

You can find out more and apply online at **mygov.scot/adultdisability**. You can also apply in person, over the phone or ask for a paper application form by post by calling us free on **0800 182 2222**.

Do you need support from an advocate?

VoiceAbility independent advocacy service supports disabled people when applying for Social Security Scotland benefits. Contact VoiceAbility for free on **0300 303 1660** or by visiting **www.voiceability.org**.

How to contact us?



Call us free on: 0800 182 2222



Text Relay Service: 18001 +0300 244 4000
(for the hard of hearing)



British Sign Language users: contactscotland-bsl.org



Webchat: chat.socialsecurity.gov.scot



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