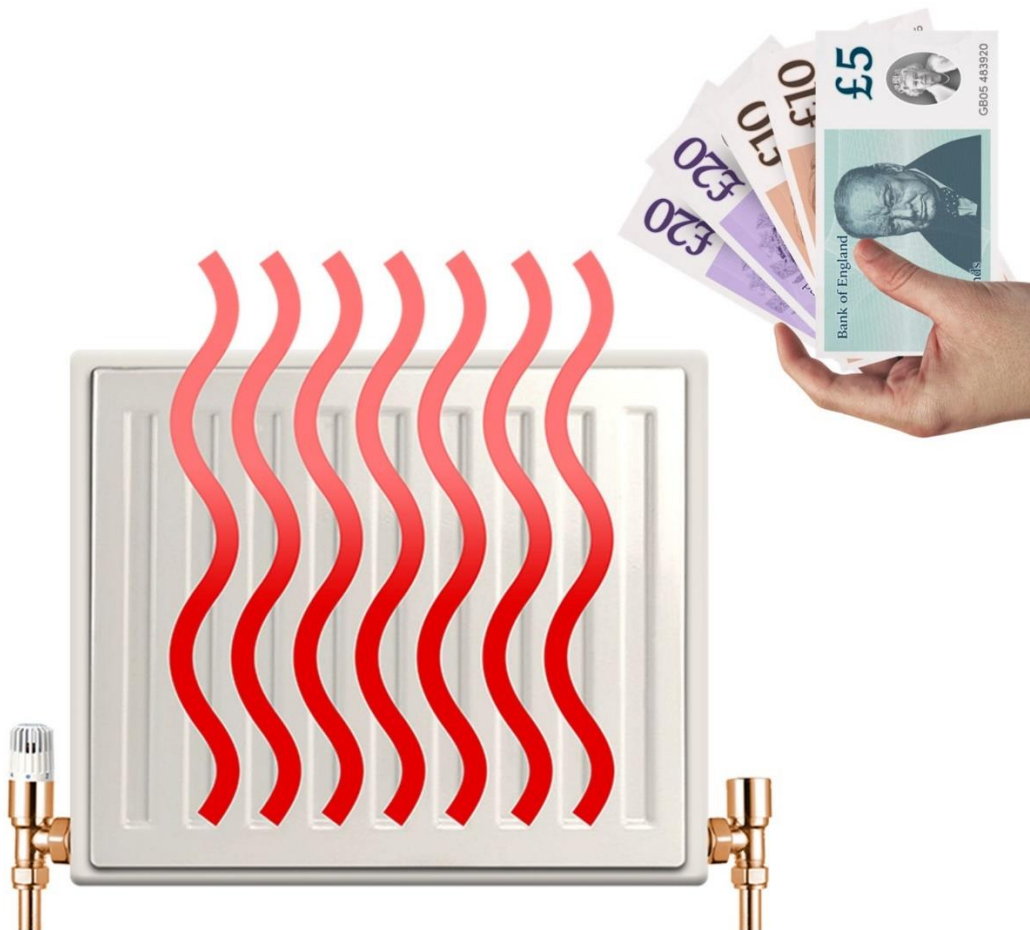


Pension Age Winter Heating Payment



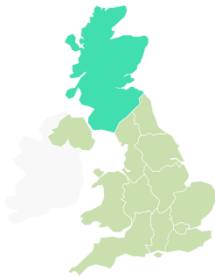


Pension Age Winter Heating

Payment is money to help people in Scotland pay for heating in winter.



It replaces a payment called Winter Fuel Payment, which used to be given by the Department for Work and Pensions (DWP).



You will get this payment if you live in Scotland and were born on or before 21 September 1959.



If your yearly taxable income is more than £35,000, His Majesty's Revenue and Customs (HMRC) will take the money back through tax.



Most people do not need to apply. You will get the payment automatically.

Pension Age Winter Heating

Payment will be between £101.70 and £305.10. The amount you will get depends on your situation during the week of 15 to 21 September 2025.



Most people will get the money paid into the same bank account as their State Pension or Social Security Scotland benefits. Payments will start from November 2025 and continue through the winter.



People over State Pension age who earn more than £35,000 a year will still get the payment, but HMRC will take the money back through tax later.



HMRC will look at your taxable income to see if it is over £35,000 a year.

Taxable income includes: State Pension, private pensions, money from working, savings or investments (not ISAs).



You can check your income using the online calculator at mygov.scot/pensionheating.



HMRC will write to you if they are going to take the money back. If you pay tax through Pay As You Earn (PAYE), HMRC will take the money back by changing your tax code.



If you use Self-Assessment, you must include the Pension Age Winter Heating Payment as income in your tax return.



You can choose to stop getting Pension Age Winter Heating Payments in the future. To not get payments in the future, fill in the form on the website: mygov.scot/pensionheating.



Getting this payment will not change your benefits or tax. But you must tell the Department for Work and Pensions (DWP) if your situation changes.



For example, tell DWP if you move into a care home or start living with someone else who also gets the payment. Telling DWP helps make sure you get the correct amount of payment.



Most people will get the payment automatically. Some people may need to apply. You may need to apply if you have delayed (deferred) your State Pension.



You may need to apply if you are not getting any benefits from DWP, the Ministry of Defence, or Social Security Scotland.



You may need to apply if you are a couple who get Pension Credit or other income-based benefits and the main person getting the benefit is under State Pension age.



You can apply by calling Social Security Scotland for free on 0800 182 2222.

You can also ask for a paper form to be sent to you.



The last day to apply for winter 2025/2026 is 31 March 2026.

How much will you get?



If you live on your own and are over State Pension age:

- Under 80 years old - £203.40
- 80 years old or over - £305.10

If more than one person in your home is over State Pension age:



- Both are under 80 years old - £101.70 each
- Both are over 80 years old - £152.55 each
- One under 80 years old and one over 80 years old – the person under 80 gets £101.70 and the person over 80 gets £203.40

If you are a couple and get Pension Credit together:



- Both are under 80 years old - £203.40 in one payment
- One is over 80 years old - £305.10 in one payment

If you get a qualifying benefit (like Pension Credit, Income-based JSA, Income-related ESA, Income Support or Universal Credit):



- Under 80 years old- £203.40
- 80 years old or over - £305.10
(it does not matter who you live with)

If you live in residential care and do not get any benefits:



- Under 80 years old - £101.70
- 80 years old or over - £152.55



If you live in residential care and get certain benefits, you will not get Pension Age Winter Heating Payment. (These benefits include Pension Credit, Income-based JSA, Income-related ESA, Income Support, or Universal Credit.)



Call Social Security Scotland for free on **0800 182 2222**



Web chat with us at **chat.socialsecurity.gov.scot**



British Sign Language users can contact us at **contactscotland-bsl.org**



Visit the **Cost of Living** website for information on support available for families:

gov.scot/costoflivingsupport