



Social Security Scotland

Tèarainteachd Shòisealta Alba







To find out more

**0800 182 2222** 

mygov.scot/carers

As a carer there is a wide range of support available to you, visit **mygov.scot/help-if-youre-a-carer** to find out more.



As a student carer, you could be looking after someone in the family, a friend or neighbour. The types of support can include helping with their mental health, making sure they are safe, cooking meals or helping them do their shopping.

If you are looking after someone for at least 16 hours per week and they receive a disability benefit, you could be entitled to financial support.

## Carer Support Payment



More than £80 per week

It is provided to carers who are supporting someone for at least 35 hours per week who receives a disability benefit.

Carers aged 16 or over can get Carer Support Payment if they're studying part-time. People aged 20 or over who are studying full time can also apply. Carers aged 16 to 19 studying full-time may be eligible depending on the type of course they are studying and their circumstances.

## **Young Carer Grant**

Yearly payment of over £390

If you are aged 16, 17 or 18 years and care for someone for an average of 16 hours a week and they receive a disability benefit, you could be eligible to receive this payment. How you spend the money is up to you.

