



Social Security  
Scotland

Tèarainteachd Shòisealta Alba

# Young Carer Grant



more than

**£390**

A little something for  
those who give a lot.

☎ 0800 182 2222

[mygov.scot/youngcarer](https://mygov.scot/youngcarer)

## If you are...

- ☒ 16, 17 or 18
- ☒ looking after someone for around 16 hours per week
- ☒ caring for someone who is on a qualifying benefit

**The £390.25 Young Carer Grant may be for you.**



**Apply today**

**Call 0800 182 2222 or visit  
[mygov.scot/youngcarer](https://mygov.scot/youngcarer)**

As a carer there is a wide range of support available to you, visit [mygov.scot/help-if-youre-a-carer](https://mygov.scot/help-if-youre-a-carer) to find out more.



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