

# Parent Club

There are a wide range of support groups and health professionals that can help and support you during this very difficult time. If you had a stillbirth you can find information on organisations who will be there for you whenever you need them.

You can find more details of support networks by visiting [www.parentclub.scot/articles/supporting-you-after-stillbirth](http://www.parentclub.scot/articles/supporting-you-after-stillbirth)



There are many people worrying about the cost of living. You are not alone. To learn what help you might be entitled to, please visit **[gov.scot/costoflivingsupport](http://gov.scot/costoflivingsupport)**. Or visit your local Citizens Advice Bureau.

## How to contact us?



Call us free on: 0800 182 2222



Text Relay Service: 18001 +0300 244 4000  
(for the hard of hearing)



British Sign Language users: [contactscotland-bsl.org](http://contactscotland-bsl.org)



Webchat: [chat.socialsecurity.gov.scot](http://chat.socialsecurity.gov.scot)

Bereaved Parents flyer/March 2023



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# **Support for Bereaved Parents**

**iParent Club**

**mygov.scot**

## **Support for Bereaved Parents**

We are sorry that your baby has died and we understand that this is a difficult time for you and your family.

Having a baby die is one of the hardest things anyone can go through, and having to deal with money worries on top of this can make it even harder.

If you get Universal Credit, tax credits or other qualifying benefits, you could be eligible for payments to help ease some of the financial pressure.

The information provided in this leaflet explains what support is available to you during this difficult time.

If you would rather talk this through with someone, you can speak to one of our specially trained Client Advisers by calling 0800 182 2222.

## **Best Start Grant**

You can apply for the Best Start Grant Pregnancy and Baby Payment for your baby who was stillborn or died after they were born.

You can apply from the 24th week of your pregnancy to six months after the baby's birth date.

If you are a parent of a baby who was born prematurely and who died before the 24th week of pregnancy, you are eligible to apply.

If this was your first baby, you will be eligible for £707.25. If you have older children, you will be eligible for £353.65.

This money is for you to help you with whatever you need.



## Funeral Support Payment

You may also be entitled to support to help with the costs of the funeral.

Funeral Support Payment usually will not cover the full cost of a funeral – the average total payment is around £1,800.

In Scotland, it usually does not cost anything to bury or cremate a baby, this means your payment might be lower.

The payment can help towards:

- funeral costs
- your travel costs
- document costs
- medical costs.

You can apply for Funeral Support Payment up until six months after the date of the funeral.

## Who can get these payments?

You can apply for either of these payments if you get one of the following benefits or tax credits:

- Universal Credit
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Pension Credit
- Housing Benefit
- Child Tax Credit
- Working Tax Credit (disability or severe disability payment element only for Funeral Support Payment).

If you are under 18, you are automatically eligible for Best Start Grant Pregnancy and Baby Payment and don't have to be on a qualifying benefit. This may also be the case if you are 18 or 19.

## How to apply

You can choose to apply in person, over the phone, by post or online.

We have specially trained Client Advisors who can support you through the application process. Call us free on 0800 182 2222.