Financial support for unpaid carers

Social Security Scotland
Tèarainteachd Shòisealta Alba

mygov.scot/carers

If you support someone who receives certain disability benefits you could qualify for financial support for yourself.

Carer Support Payment
Money to help if you are an unpaid carer who looks after someone 35 hours a week or more.

Young Carer Grant
A yearly payment for 16, 17, 18 and 19 year olds who look after someone for around 16 hours a week.

Scottish Carer Supplement
Paid automatically at the same time as Carer Support Payment.

Carer Additional Person Payment
Paid alongside Carer Support Payment if you look after more than one person 20 hours a week or more.

Find out more at **mygov.scot/carers** or freephone **0800 182 2222**

As a carer there is a wide range of other support available to you, visit **mygov.scot/help-if-youre-a-carer**

Carers Flyer/March 2026

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